



Simms/Mann
UCLA Center for Integrative Oncology
Optimizing Wellness

LOOKING AHEAD AFTER CANCER SUPPORT GROUPS

Your cancer treatment has ended...

You are "**cancer-free**"...

Now what?

Who can you talk with about your fears, changes in your body, goals or relationships? How do you return to "normal" when everything seems different? Come to the Simms/Mann-UCLA Center for Integrative Oncology and meet with other women who are "looking ahead" and dealing with life **after** cancer.

The daytime group, facilitated by Suzanne Levanas, LCSW, meets monthly on the **first Thursday of each month**, 9:30 - 11 am.

The evening group, facilitated by Halina Irving, MFT, meets monthly on the **first Thursday of each month**, 7:30 - 9:00 pm

Both groups meet at the
Simms/Mann-UCLA Center for Integrative Oncology
200 UCLA Medical Plaza, Suite 502 (5th floor).

There is **no charge** for these groups. However, we encourage and greatly appreciate your **donations** which allow us to expand our programs and to continue providing **free psychosocial** services to individuals with cancer.

Priority is given to patients who have received their oncology care at UCLA.

**For additional information or to enroll, please call
Suzanne Levanas, LCSW at 310-794-6365.**