



Simms/Mann
UCLA Center for Integrative Oncology
Optimizing Wellness

Media Fact Sheet

Name of Center: **Simms/ Mann – UCLA Center for Integrative Oncology**
David Geffen School of Medicine at UCLA

Director: **Anne Coscarelli, Ph.D.**
Director, Simms/Mann – UCLA Center for Integrative Oncology
Adjunct Professor of Medicine, Division of Hematology Oncology
David Geffen School of Medicine at UCLA
Clinical Professor, Department of Psychology at UCLA
Licensed Psychologist, California
Expertise: Oncology and its impact on patients and family members
(310) 794-7678 or (310) 794-6644
acoscarelli@mednet.ucla.edu

Mission of Center: A center of integrative oncology... maintaining wellness, maximizing health, and complementing the best oncologic practices and scientific research through individualized care offered by a multidisciplinary team committed to enhancing the physical, psychological and spiritual well-being of people touched by cancer.

Description of Services:

The Simms/Mann – UCLA Center for Integrative Oncology was designed to help patients and family members optimize their wellness and address the challenges throughout the continuum of cancer care. In an environment that facilitates calmness and tranquility, the Center offers a host of programs that go beyond the outstanding research based clinical care offered here at UCLA and provides many services to complement conventional medical care. While the first step in managing cancer is getting the best cancer care with leading edge physicians and researchers, we believe that patients and families need and want more. The best medicine combines multiple modalities.

The Simms/Mann – UCLA Center for Integrative Oncology focuses on the needs of the whole person and their family. We understand that most patients want to optimize their wellness despite the challenges that cancer can bring. We know that patients often want to combine modalities and want and need information, guidance and support that addresses nutrition, supplements, mind/body approaches, psychological concerns and all matters of the mind, body, spirit and emotions. Our Center has a patient centered model committed to facilitating partnership between patients and practitioners in the healing process.

We have an extensive program of services to assist you and your family members from the point of diagnosis through all phases of cancer and its treatments. We also provide programs that address the unique needs of survivors after treatment ends. Our most important programs include mind-body approaches, individual support, groups, individualized sessions by an integrative oncology specialist to counsel patients on nutrition, supplements and complementary medical care, a lecture series, and a boutique, Reflections, that has products and service oriented toward helping patients with the physical appearance needs associated with cancer treatment as well as an array of nutritional supplements to optimize wellness.

As one of our Advisory Board members so aptly described our work, "Medicine alone is not enough."

Center Information: 200 UCLA Medical Plaza, Suite 502
Los Angeles, CA 90095-6934
Phone: 310 794-6644
Fax: 310 794-9615
Email: SimmsMannCenter@mednet.ucla.edu
Web: www.SimmsMannCenter.ucla.edu

How we would like to be cited in publications/media

Referencing the Center:

Simms/Mann – UCLA Center for Integrative Oncology

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